



Dear Parent,

### Coaching - Session Times and Skill Development

Your Committee have received some questions from parents relating to swimmers from the Junior and Senior Competitive Squad attending sessions for times that their assigned squads do not normally train.

To clarify to all parents of senior swimmers that where swimmers are training in differing squad sessions to those that the swimmer is assigned, is carried out in total agreement with the Club Coach, the swimmer and their parents. There are various reasons for such agreements and include:

- Swimmers gaining essential skills that the Coach feels require further work;
- Swimmers training at a lower level following injury as part of their rehabilitation;
- Swimmers “trailing” within a new squad.

To confirm in all cases where swimmers are ‘swimming out of their normal squad’ the Coach is fully aware and where swimmers are ‘trailing in a squad’ the Committee are also aware.

On a further issue regarding swimming skills, swimmers have been invited to attend Saturday morning sessions, where swimming skills are developed. These sessions are strictly by invitation to swimmers following consultation between the Club Coach and the Chairman. These sessions are in addition to the ‘special clinics’ that the Club Coach organises with invited coaches (e.g. Steve Smith) where the whole squad attends.

If you feel that your child needs to attend these Saturday morning sessions for swimming skill development, please discuss this with your Club Coach or the Chairman.

The overall message is if you are concerned with your own child’s training please talk to your Coach.

Yours sincerely,

*Martyn Reynolds*

*Lynn Chapman*

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**Lynn Chapman**

**Chairman Deepings Swimming Club**

**Club Coach Deepings Swimming Club**